



**ramblers**  
at the heart of walking

# Walk Leader's checklist

## BEFORE THE WALK

### Choose the route

- Consider location, length and timing, whether linear or circular. Consider season, terrain, heights and climbs, likely ability and fitness of group.
- The route you choose may be one you already know, or from a map or guidebook. Consider points of interest on the route.
- Check transport options, such as public transport and car park for central meeting point, refreshment points, toilets.

### Reccce the route (preferably with a backmarker)

- Walk full route, noting critical navigation points, hazards and problems, adjusting route if necessary. Check timings, rest and toilet points, escape or alternative routes, any access restrictions.
- Note any path or access problems to report to relevant Group Officers.

### Publicising the walk

- Submit your walk to the Programme Co-ordinator to include it in your Group's printed programme and Walks Finder with appropriate description, such as grade and whether it is dog and children friendly, car free.

## THE DAY BEFORE

- Check accurate weather forecasts ([www.mwis.org.uk](http://www.mwis.org.uk) covers many mountainous areas) and alter route if necessary. Be prepared to cancel if weather is too bad.
- Recheck public transport and remind pub if you plan to stop there.
- Check personal gear and first aid kit.
- Be prepared to answer queries from potential attendees.

For further information on leading walks see [www.ramblers.org.uk/volunteer](http://www.ramblers.org.uk/volunteer)  
Contact the Led Walks team on 020 7339 8519 or [ledwalks@ramblers.org.uk](mailto:ledwalks@ramblers.org.uk)  
To sign up as a Walk Leader and receive the latest news visit  
[www.ramblers.org.uk/volunteer/ledwalksform](http://www.ramblers.org.uk/volunteer/ledwalksform)